

RYS Quarterly Newsletter

April 2023 | Issue #8

SPRING

Edition

**Welcome back to the newest addition
of the RYS Newsletter!**

**There have been a few changes in
the RYS in the New Year as we
welcomed two new staff members to
our team!**

**Erika Barnett has taken over as RYS
Co-Ordinator and Sophie McCarter
has joined the team as a Youth
Justice Worker as part of the RAY
Project.**

**We hope they feel welcome and enjoy
their time at the RYS!**



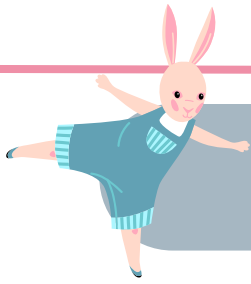
RYS News



Minister of State Joe O'Brien visited the Roscrea Youth Services Team. They spoke about ongoing issues within our communities, advocating for the community, families, and young people.

The Youth Services now comprise of the UBU (Your Place Your Space) Project, the RAY Project, which is part of the Garda Youth Diversion Project, the Early Intervention Initiative, the Youth Counselling & Well-being service, and Roscrea Family Support. All these services focus on working together in collaboration for the benefit of the local community.





RYS News

In this quarter, the RYS welcomed Amie, to complete her work experience here. Amie wrote a piece about her time in RYS...

My name is Amie, and I am a second year Social Care student. For my first placement for college, I went to the Roscrea Youth Service. I worked here from January to April Monday to Friday.

My time here in RYS has gone so fast and I loved every second of it. I had the chance to work with Family Support and Early Intervention. I was part of Parent and Toddler group, Circle of Security, Zones of Regulation, and the Early Intervention groups.

I have gained a lot of experience from the various projects I was involved in. Everyone in RYS were very helpful and supportive on my journey here. I have gained a lot of knowledge from everyone in RYS.

I have developed a wide range of skills from my four-month block here. I have become more confident in myself, I have come out of my comfort zone, and I have gained better communication skills. I am sad to see my time in RYS come to an end, but I am so grateful for the experience that was given to me by all the staff members.

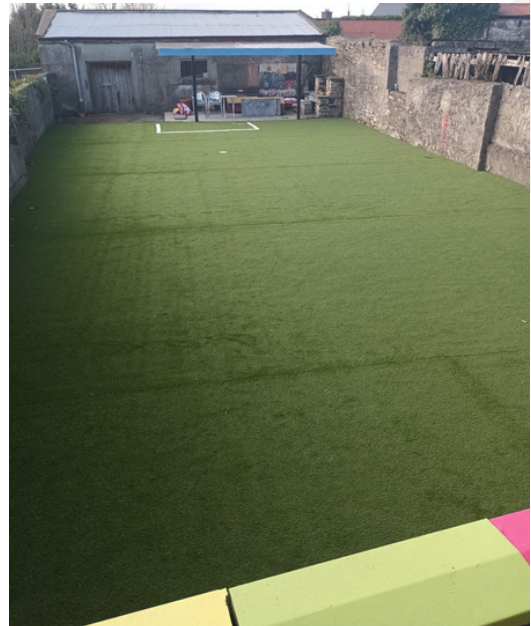
Thank you Amie, we are glad you enjoyed your time here!

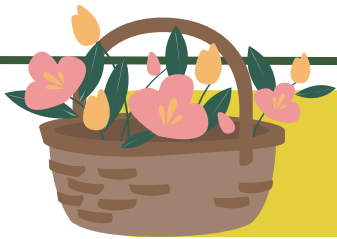


RYS News



Finally, now that the back garden has been redeveloped the young people of the RYS are really enjoying the space. Whenever the weather allows, we try and get out burn some energy and play some soccer and games. The young people really enjoy it and we can't wait for the goals to be installed so we can have some proper games of soccer during the summer.

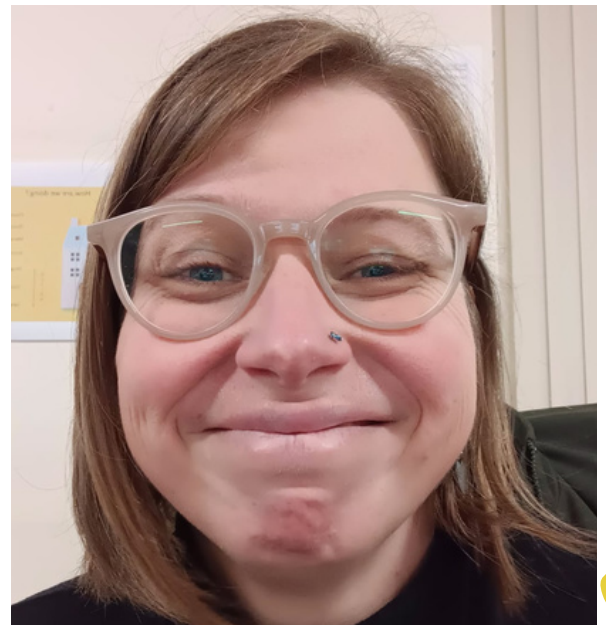




RAY Project

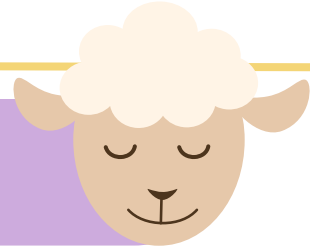
The first quarter of the year is a busy time for the RAY Project with the European Social Fund's Non-financial workbook, the Annual Report, the Annual Performance Report, and the First Quarter Report all due for submission to the Department of Justice. The YDP annual budget confirmed (04/04/23) the Project is now able to start planning activities and interventions for the remainder of the year. There are already two exciting collaboration pieces planned with UBU and Tidy Towns involving gardening work and a mosaic to be carried out over the spring and summer months.

The end of February saw the addition of Sophie McCarter (Pictured) as the new Youth Justice Worker in the Youth Diversion Project, and by mid-March the Project Coordinator's roll was filled restoring the YDP team to its full quota.



March saw one of our i-Scoil students graduate with QQI level three accreditation and another student enrolling.

Family Support



Family Support have been busy since the new year, supporting local families.

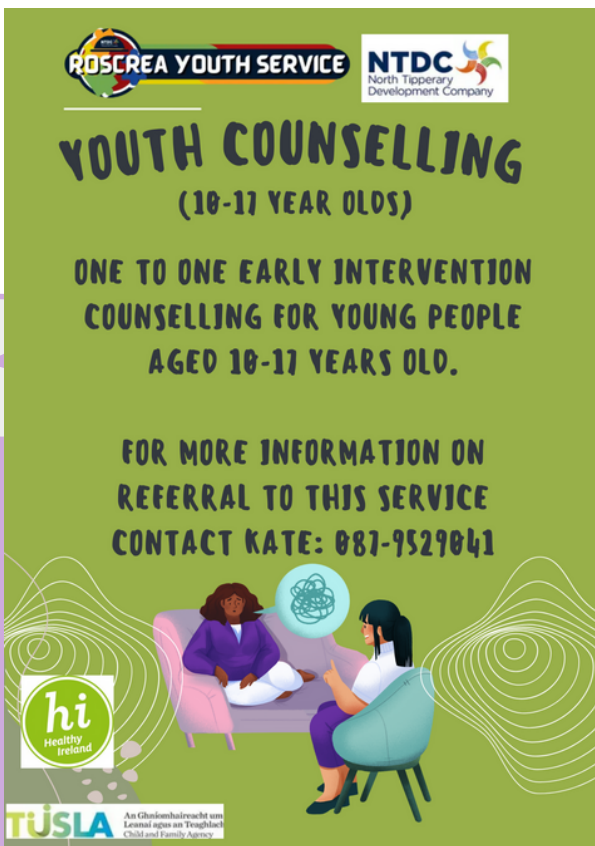
Family Support have been running the Circle of Security Programme since February which is due to finish up in couple weeks.

Zones of Regulation also returned to Scoil Eoin for a 4 week run and is due to start Corville NS this week.

In February, Family Support ran a children's clothes and toys drive, with all donations given to local families in need. This was a great success, so thank you to all who donated items.

Youth Counselling

Parents Peer Support Group



ROSCREA YOUTH SERVICE **NTDC**
North Tipperary Development Company

YOUTH COUNSELLING

(10-17 YEAR OLDS)

ONE TO ONE EARLY INTERVENTION
COUNSELLING FOR YOUNG PEOPLE
AGED 10-17 YEARS OLD.

FOR MORE INFORMATION ON
REFERRAL TO THIS SERVICE
CONTACT KATE: 087-9529041

hi
Healthy Ireland

TUSLA
An Ghníomhaireacht um
Leasú agus an Teaghlacl
Child and Family Agency



TUSLA An Ghníomhaireacht um
Leasú agus an Teaghlacl
Child and Family Agency

ROSCREA YOUTH SERVICE

Have a Cuppa Parents Group



Monthly Group for parents to have a cuppa, a chat and a few giggles!

Location: Roscrea Youth Service
Time: 10:00-11:30am
Date: 05.06.23 (monthly thereafter)

For more information, please call Kate/Caitlin:
087 952 9041 / 087 709 1195

NTDC
North Tipperary
Development Company



Family Support

Coffee Morning in Aid of the Dean Maxwell

RYS Family Support organised a Coffee Morning in Aid of the Dean Maxwell. The Coffee Morning raised €101.52.

Thank you to all who attended, the Roscrea Lions Club for the use of the Hall and thanks to Aisling who helped out on the day.





Family Support

Roscrea Parent and Toddler Group

Roscrea Parent and Toddler Group recently relocated to Corville NS. The new location has been a great success as it offers more space for the kids and their parents.

Thank you very much to Claire Scott HSCL and all the staff at Corville for helping facilitate the group!

Group takes place Every Thursday from 10:30-12:30



NTDC
North Tipperary Development Company

ROSCREA YOUTH SERVICE

A B C

Well Baby...

Roscrea Parent and Toddler Group

Every Thursday
10:30am - 12:30pm

Scoil Iosef Naofa,
Corville

For more information
Tel: Caitlin Moyne - 0877091195
Claire Scott - 0874038722

find us on Facebook
@Roscrea Parent and Toddler Group



Early Intervention & UBU

Circus Workshop

A selected group of young people completed the Cloughjordan Circus programme. Cloughjordan Circus Club facilitated a 9 week workshop for some of our young people aged between 8 - 12 years. This completed programme was a collaboration between UBU, Early Intervention and Cloughjordan Circus club.



Early Intervention & UBU



The aim was to help young people with social anxiety and build confidence. This consisted of learning new skills such as juggling, acrobatics, unicycling, and many many games. The young people really enjoyed it, and we invited the parents of the young people to come and view the skills they learned on the last day. This went very well as you will see from below. We have some very talented young people around Roscrea.





Early Intervention & UBU

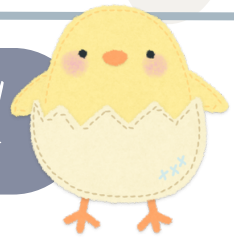
Easter Arts and Crafts

For 3 days over the Easter break our very own Izaibella facilitated an arts and crafts group. The projects included making easter eggs and dragon eggs, Easter wreaths and the final day all made their own bath bombs. This Easter Arts and Crafts was supported by the Communities Integration Fund.

Easter Wreaths



Early Intervention & UBU

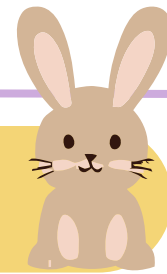


Easter Eggs



Bath Bombs





UBU Project

Since our last newsletter in December the UBU project have been keeping very busy. The young people have been working about in the community upskilling themselves, creating some master pieces for easter and welcoming new members in to the groups.

The young people in UBU have been asking for pool and FIFA competition for a while so I'm delighted to say we eventually got around to hosting it over the Easter break. We have some very talents pool players in our service. One young person made both FIFA and the Pool Competition finals unfortunately he couldnt complete the double.





UBU Project

As part of each group trying to give back to the community, we have had 2 groups complete their work. One group of 1st years came up with the idea of making St Patricks Day badges with the profits going to a local charity. The members of this group had to be taught how to sew they took to it very well. They also came in over their midterm in order to get the badges completed before St Patricks Day. Each member sold some badges, and we also offered them around the offices at NTDC. Overall, we make a sizable profit of €100 from selling these homemade badges, which the group has decided to give to Down Syndrome Tipperary. We are currently trying to organise a meet up to hand over the monies. As you can see from the pictures below this group worked very hard and we are delighted with the donation we are able to make to a worthy cause.





UBU Project

During the Easter break another group spent some time in a local day service St Cronan's. St Cronan's is a day service for people with disabilities.

The young people from RYS spent a couple of hours there over three days. We took part in their Easter activities and also their exercise classes. We quickly found out how unfit we were. The young people had a fabulous time and even asked if we could come and visit again in the summer.

I was really proud of how the young people of RYS held themselves while in St Cronan's they were full of positivity, encouragement and in awe of what those in St Cronan's can achieve. Chatting to the workers in St Cronan's we both think it was a great success. We hope to pay a visit again in the summer.





Early Intervention



Culture Day was held on Wednesday April 5th in the Muintir na Tire Hall. With this children and families from a number of cultures living in Roscrea brought a variety of snacks and dishes from their or their families culture.

Nationalities included Irish, English, Polish, Czech Republican, Lithuanian, South African and Italian. There were many games and fun activities in the group.

This Culture Day was supported by the Communities Integration Fund.





Early Intervention

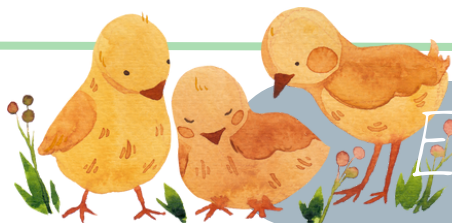
Swimming

Swimming was organised for our children and young people over the Easter break. Many of our groups got involved in this and it was a great success. This Swimming was supported by the Communities Integration Fund.

Mask Making

Young people made masks to promote creativity and young people had a little story of why they chose the colours and designs for this activity.

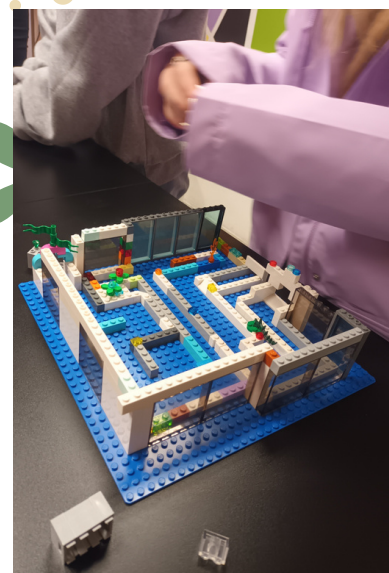
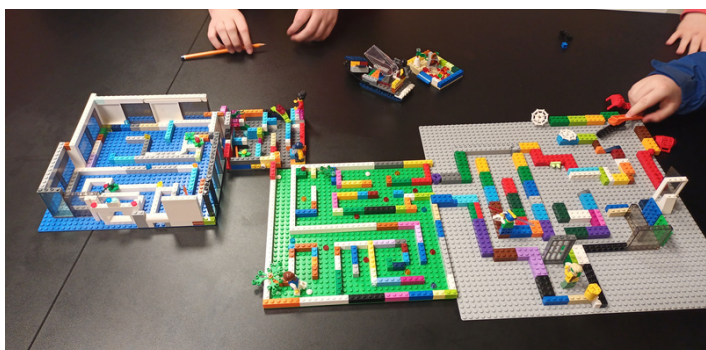


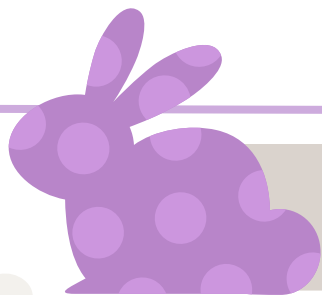


Early Intervention

LEGO Workshop

RYS ran a 2 day Lego workshop, this was to encourage creativity, communication and team work in a fun way. The groups were given tasks and all worked very well with this. Smiles all around the Youth service.





Purple Hearts

Purple hearts is now finished the 12 week inner critic course. The group members who completed the course found it very beneficial they received a note book at the end in order to make some notes and help them overcome their bad days. We hope to come back to this in a few weeks time so we can see if we need more help or have any questions which we can ask Siobhan.

Purple hearts celebrated International women's day in March. We decided to write about those women who inspire us. We aim to gather all these inspiring women and make a scrap book out of it so we can come back and reflect anytime we feel the need. We also got a beautiful cake to help the creative juices flowing





Roscrea Youth Service Team



Erika Barnett
RYS Co-Ordinator



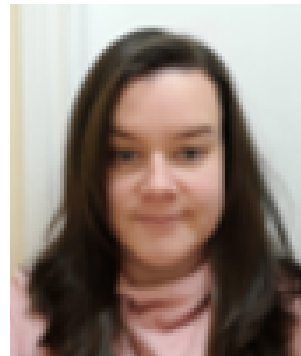
James Egan
Youth Justice Worker



Mary Grace
Youth Justice Worker



Sophie McCarter
Youth Justice Worker



Elaine Toomey
Youth Worker UBU

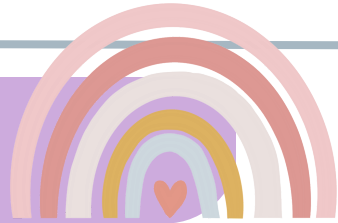


Kate Flynn
Family Support Worker



Caitlin Moyne
Family Support Worker

Our Funders



Rialtas na hÉireann
Government of Ireland



Có-mhainithe ag an Aontas Eorpach
Co-funded by the European Union



An Roinn Leanaí, Comhionannais, Míchumais, Lánpháirtíochta agus Óige
Department of Children, Equality, Disability, Integration and Youth



etb
Boord Oideachais agus Oiliúna Thionsraithe Áraim
Tipperary Education and Training Board



ciste na gcuntas díomhaoin
the dormant accounts fund



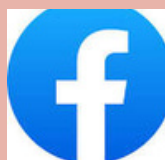
An Ghníomhaireacht um Leanaí agus an Teaghlach
Child and Family Agency

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