



KILLALOE/BALLINA COMMUNITY &  
FAMILY RESOURCE CENTRE

Killaloe Ballina Family Resource Centre

061- 374741 / 085-8899420

www.kbfrc.ie - info@kbfrc.ie

*Stay Safe – Stay Home – Stay in Touch*

## LOCAL EMERGENCY INFORMATION

**CLARE EMERGENCY RESPONSE - 1800 203 600**

**TIPPERARY RESPONSE HUB - 0761 06 5000**

### VOLUNTEER GROUPS

LOCAL DELIVERIES OF FOOD / MEDICINE / FUEL

Ballina	Ballina Community	087-4188852,
	Support-Ballina GAA	087-6481780
	Killaloe Community	086-8225983,
Killaloe	Support-Smith O'Briens	087-9305408,
	GAA	086-8568386
Nenagh	Nenagh Community Food	
	Bank (includes Ballina area)	083-1231269
Nenagh	Irish Red Cross (Nenagh)	087-7873517
	East Clare Community	
East Clare	Response Group	085-8659889

### LOCAL AGENCY NUMBERS

Irish Red Cross (Clare)	086-8323456
Order of Malta (Nenagh)	086-4054301
Order of Malta (Clare)	086-3850112
Living Links	087-9693021 0504-61014 /
Tipperary PPN	087-4567111
Clare PPN	087-1617375
Tipperary Volunteer Centre	086-0481743
Clare Volunteer Centre	065-6845513 / 065-6845517
Community Assistance Tipp North	087-9590206
St Vincent de Paul	087-9501954
Mental Health Service North Tipperary (HSE)	067-46700 065-6863776 /
Mental Health Service Clare (HSE)	065-6863777
Pieta House Helpline	1800-247247
HSE MW Drug & Alcohol Service	061-318633
CARMHA Nenagh addiction/mental health support service	087-7722671
Ascend Domestic Abuse Service for Women	0505-23999
Clare Haven Services	065-6822435



**Coronavirus COVID-19**

This leaflet is brought to you by  
Killaloe Ballina Community & Family  
Resource Centre and North Tipperary  
Development Company.

It aims to provide you with essential  
contact phone numbers from local  
operators in Killaloe-Ballina.

(Disclaimer: This list is not exhaustive)

KBFRC and NTDC are available to offer community  
supports during this time. For more information on  
supports available please contact:

**Killaloe Ballina Community & Family Resource  
Centre**

**061- 374741**

**North Tipperary Development Company**

**067-56676**

## GP / CHEMIST / HEALTH SHOP

Ballina	Grange Road Surgery	061-376546	
Killaloe	Dr. Michael Carmody	061-376349	
Killaloe	Dr. Bernie Lynch	061-374333	
		1850-212999	Afterhours
Killaloe/ Ballina	Shannondoc	or 061-459500	
	Collins Pharmacy	061-375505	9.30am - 6.30pm (9am - 6pm Sat)
Ballina	Grogans Pharmacy & Opticians	061-376118	9am - 6.30pm (9am - 6pm Sat)
	Sean Collins Pharmacy	061-376127	9.15am - 6pm 9am - 6.30pm (9am - 6pm Sat, 11am-2pm Sun)
Killaloe	Green Cross Pharmacy	061-620128	
Killaloe	An Siopa Beag	061-375770	9.30am - 6pm (10am - 6pm Sat)

## LIST OF DELIVERY / TAKE AWAY SUPPLIERS

Ballina	Marios' Takeaway	061-572744	5pm - 11pm (4pm - 11pm Sat, Sun)
Killaloe	River Spice Indian Takeaway	061-375033	4pm - 11.30pm
Killaloe	Derg House Café	061-375599 / 089-9538488	Contact for info/orders
Killaloe	Ponte Vecchio	061-622845 / 087-2203169	Contact for info/orders
Killaloe	Bless	061-622578 / 085-7061361	Contact for info/orders
Killaloe	Yum Yums	061-375841	4pm - 10pm

## LIST OF SERVICES NOT CURRENTLY OPERATING

Ballina	The Wooden Spoon	061-622451
Ballina	Tuscany	061-376888
Ballina	Scoops	061-622471
Ballina	Simply Delicious	061-375335

## LIST OF ESSENTIAL SUPPLIERS

Ballina	Larkins Gala	061-374985	6.30am - 10pm (7am- 9pm Sat, 8am-9pm Sun)
Ballina	TJ's Shop & Angling Centre	061-376009	8am - 9pm daily
Ballina	McKeogh's Hardware	061-376249	Phone orders 9.30am- 1.30pm Mon to Fri
Ballina	Reload - Laundry Service	087-2841640	7am - 10pm
Ballina	Farrells Spar	061-375012	7am - 10pm (7.30am - 10pm Sat, 8am-10pm Sun)
Ballina	Kavanaghs Butchers	061-375111	9am - 6pm
Killaloe	Heaney's Costcutter	061-376026	8am - 9pm (8.30am - 4.30pm Sun)
Killaloe	The Forge	061-376727	7.30am - 11am daily
Killaloe	Supervalu	061-620230	8.30am - 10pm (9am - 10pm Sun)
Killaloe	Aldi	1800991 828	9am - 9pm daily
Killaloe	Applegreen Killaloe	061-622939	8am - 7pm (9am - 7pm Sun)
Killaloe	Stritches Petrol Station	061-376627	8.30am - 8pm (9am - 7.30pm Sun)



## North Tipperary Development Company

### SICAP Programme

Nenagh Office: 067-56676

Website: [www.ntdc.ie](http://www.ntdc.ie)

Email: [reception@ntdc.ie](mailto:reception@ntdc.ie)

Facebook: @NTDC

Twitter: @NorthTippDevComp



## LOCAL AGENCY NUMBERS

Emergency Services	999
HSE Helpline	1850-241850
Alone Older People Support Line	0818-222024
Killaloe Garda Station	061-620540
Killaloe Coast Guard	086-8501889
Killaloe/Ballina Community & Family Resource Centre	085-8899420 / 061-374741
Clarecare Parent Support Line	065-6828178
TUSLA Child Protection (Clare, Limerick, North Tipperary)	061-588688
Killaloe Post Office	061-376111
Derg Credit Union	061-376865
AIB Killaloe	061-376115
Ballina Parish Priest	061-376178
Killaloe Parish Priest	061-376137
Limerick Hospital	061-301111
Nenagh Hospital	067-31491
Ennis Hospital	065-6824464
Nenagh Health Centre	067-46499
Scarriff Health Centre	061-921123
Dept of Employment & Social Protection (Tipperary)	067-50902
Dept of Employment & Social Protection (Clare)	065-6867800
North Tipperary Enterprise Board	067-33086
Clare Enterprise Board	065-6841922
Tipperary County Council	0761-065000
Clare County Council	065-6821616
Tipperary Co Co Community Response Helpline	0761-065000
Clare Co Co Community Response Helpline	1800-203600
Citizens Information Service	0761-076470
M.A.B.S	0761-072760
Nenagh Community Food Bank (includes Ballina area)	083-1231269
Irish Red Cross (Nenagh)	087-7873517