



ROSCREA YOUTH SERVICE

April 2021

Quarterly Newsletter



A little about what is offered all under one roof

Roscrea Youth Service is situated on Rosemary Street in Roscrea. Part of North Tipperary Development Company we house, the UBU (Your Place Your Space) Project, the RAY Project, which is part of the Garda Youth Diversion Project, the Early Intervention Initiative, the Youth Counselling & Well-being service, and Roscrea Family Support. All these services focus on working together in collaboration for the benefit of the local community. For more information you can contact the office on 0505 22481 or Rob Foley Youth Work Lead: rfoley@ntdci.e / 087 6200633. Also find us on Facebook @roscreayouthservice.

UBU

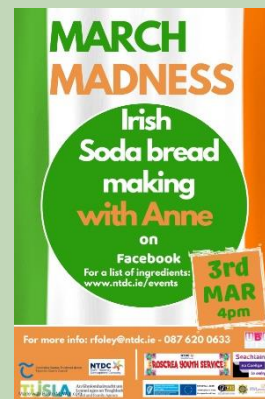
UBU are running online groups currently via Zoom and MS Teams – Mini Arts (10-12 years) attend a weekly catch-up online Wednesdays at 3pm and 1st Years on Fridays at 2pm. All other afterschool groups will resume in our building once Covid restrictions ease. We also

ran our March Madness event each Wednesday during March celebrating all things Irish. We took part in different activities kicking off with Soda Bread making. You can see pictures and videos of these events online on our Facebook page (@Roscrea Youth Service).

From the beginning of the year, we have been offering different online events. During January, Conor the UBU Youth Development Worker completed an online Facebook Live fitness session as part of Roscrea Youth Services Mind your Mood Week.



In February we ran the Pancake Day competition where we asked for people's most disgusting pancake topping with the winner receiving a Pancake Day hamper full of goodies. Congratulations to Adam aged 9 who said his weirdest pancake topping was artichokes.



For the Month of March, we ran our 'March Madness' event celebrating all things Irish which ran every Wednesday. Our first week was an Irish Soda bread making video with our colleague Anne who became a bit of a celebrity with over 1000 views. We offered an Irish conversation workshop, St Patrick's Day fun and games, Irish dancing workshop, and arts and crafts all via Zoom.



Winners of our St Patrick's Day quiz which was part of our March Madness event. Ava pictured with Rob one of our Youth Leaders, won with the most correct answers and proved herself to be very clever on all things Irish. Micky won best dressed on the day and went all out with the green, white, and orange. Here he is pictured with his little sister Freya.

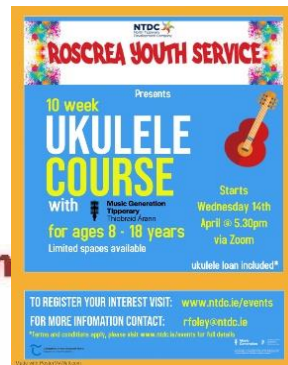


Still to come

Upcoming programmes and activities include partnerships with Music Generation Tipperary and Dance it Out Ireland. Music Generation Tipperary are offering a 10-week Ukulele course via Zoom starting Wednesday 14th of April at 5.30pm for anyone aged 8-18 years with a loan of a ukulele for the duration of the course. Dance it out Ireland are offering a 6-week Street Dance class also via Zoom for 8–12-year-olds which starts 4th of May at 5.30pm. Full details, terms and conditions can be found at www.ntdc.ie/events.



**Music Generation
Tipperary**
Thiobraid Árann



RYS are looking to bring together a group from the Roscrea area who want to have their voice heard and make an impact on where they live. They will have the opportunity to work hard and make a difference. If you are aged between 10-24 years you can get involved. For more details, please contact Rob on rfoley@ntdc.ie



RAY Project



The RAY Project continues to support the young people involved during the restrictions. The project provides 1:1 support to RAY participants and iScoil students who are working to achieve a QQI accreditation.

Early Intervention

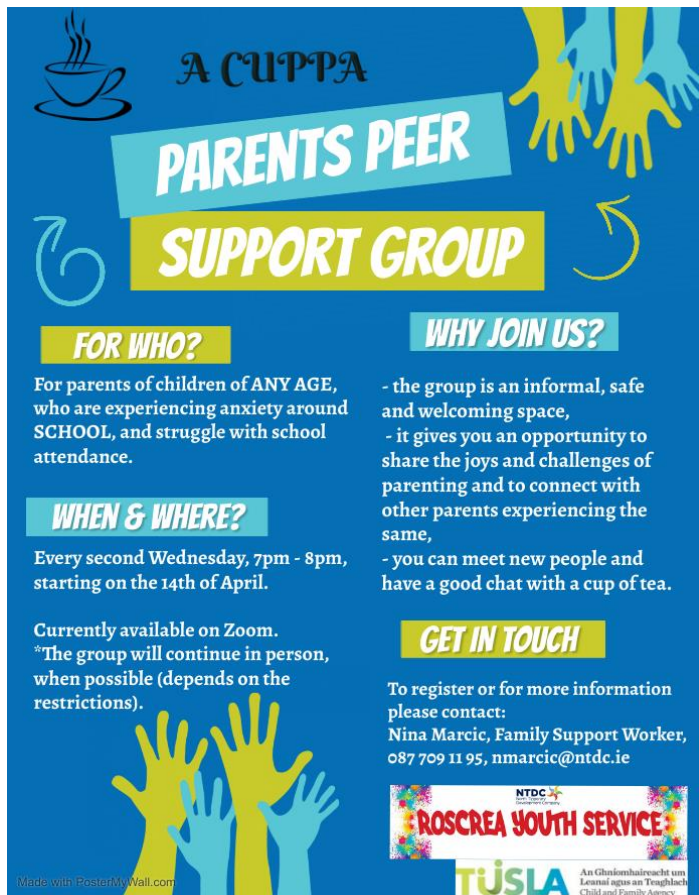
The young people involved in the Early Intervention Project for 8–11-years have been participating in online zoom groups every week. A number of young people have been availing of 1:1 support in the building during the restricted period. Below are pictures where Early Intervention and UBU collaborated on some fun projects.



Our window display on valentine's week.

Competition winners from our Valentines window display in February.





A CUPPA
PARENTS PEER
SUPPORT GROUP

FOR WHO?
 For parents of children of ANY AGE, who are experiencing anxiety around SCHOOL, and struggle with school attendance.

WHEN & WHERE?
 Every second Wednesday, 7pm - 8pm, starting on the 14th of April.
 Currently available on Zoom.
 *The group will continue in person, when possible (depends on the restrictions).

WHY JOIN US?
 - the group is an informal, safe and welcoming space,
 - it gives you an opportunity to share the joys and challenges of parenting and to connect with other parents experiencing the same,
 - you can meet new people and have a good chat with a cup of tea.

GET IN TOUCH
 To register or for more information please contact:
 Nina Marcic, Family Support Worker,
 087 709 11 95, nmarcic@ntdc.ie

NTDC
ROSCREA YOUTH SERVICE
 TUSLA
 An Ghníomhaireacht um Leasú agus an Teaghlaigh Child and Family Agency

Family Support

The Family support project continues to support families around different challenges they might be facing. Our Family Support Worker is here to offer one to one support, parenting support, a signpost service, or parenting programmes.

With the schools slowly reopening, there are unfortunately many young people who struggle with getting back into their normal school routines. Being a parent in these situations can be tough sometimes, therefore we are offering a Parents Peer Support group, where parents can share their stories and find support. Once there is enough interest, we will start an online group on every second Wednesday in the evening.

For more information, please contact Nina Marcic, Family Support Worker, 087 709 1195, nmarcic@ntdc.ie

Youth Counselling and Wellbeing

Mindful Moments – A Place to Pause

Interested?

Join our Zoom Meetings weekly

For more information contact Mary: 087 952 9041

mgrace@ntdc.ie



Mindful Challenge
 Random Act of Kindness for 5 Days of Next Week

- Give Someone a Compliment
- Put Some Positive Notes around your Home
- Say Thank You
- Make a Gift for a Friend
- Be a Good Friend to Yourself



Happiness in adulthood is linked to strong emotional wellbeing in childhood and adolescence

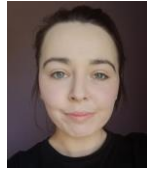
Meet the Roscrea Youth Service Team and Funders



Rob Foley

Lead Youth Worker

I supervise both the GYDP and UBU projects based at the Roscrea Youth Service. I have been in my role since November 2020.



Allison Ryan

Youth Justice Worker

I work with young people aged between 12– 17 years, who are involved or at risk of being involved in antisocial behaviour. I have been in my role since early 2020.



Conor Britton

UBU Youth Development Worker

I provide young person centred, community based and out of school youth services to targeted young people in need of support for ages 10-24 years. I have been in my role since September 2019.



Mary Grace

Youth Wellness Development Worker

I facilitate the creative mindfulness and wellbeing program and am the first point of contact for children aged from 10-17 years abased in the Roscrea Community. I have been in my role since September 2019.



James Egan

Youth Justice Worker

I implement evidence-informed targeted interventions for young people who are at risk or in trouble with the law. I have been in my role for 2 years.



Nina Marcic

Family Support Worker

My role is to support and assist families in overcoming different challenges they might be facing and are affecting their family lives. My work is child-centred and aims to promote family coping and resilience. I can support families with challenges such as parenting, managing children’s behaviour, school issues, relationships, community, or housing issues. I have been in my role since September 2020.



Marie Ryan

Youth Justice Worker

I work as the Early Intervention project worker with 8–11-year-olds who have been referred into the project for a variety of different reasons. I have been in my role since September 2019.



An Roinn Dlí agus Cirt agus Comhionannais
Department of Justice and Equality



Comhairle Contae Thiobraid Árann
Tipperary County Council



ciste na gcuntas díomhaoin
the dormant accounts fund



EUROPEAN UNION
Investing in your future
European Social Fund