

The Cré News

FREE

ROSCREA COMMUNITY NEWSLETTER

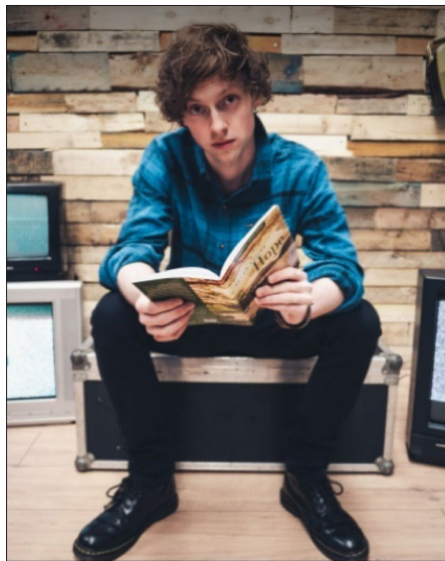
Welcome to the First Edition of The Cré News!

This free publication is brought to you by Roscrea Community Action Partnership to publicise events, services and organisations available in the town. If you would like to send in an article publicising your service or promoting your event, please contact us at editor.roscrea.news@gmail.com or 087 7180382 we would love to hear from you! The next edition will be available December 2021 deadline for submission is November 19th 2021.

Free Thinking Babble

During this Pandemic like a lot of people I began to feel depressed and frustrated, and my mental health suffered as a result. It was a funny one because I was feeling depressed and anxious as to what direction the world was going in but then I would pick up my phone and see someone or some country who had it way worse than me which as a result can leave one feeling frustrated about feeling frustrated knowing others had it way worse. It is so easy to fall into drinking and eating garbage, especially when there is not much else to do so I knew I had to go back to breathing exercises I do called the WIM HOF METHOD. This is a method that consists of three pillars, Breathing exercises, meditation and cold exposure and I cannot recommend it enough. This method really changed my outlook on life as a whole. You will find instructional videos for beginners of this method on YouTube.

Training Jiu-jitsu and MMA in town was also something I used as a self care tool and the friends I have made through the sport are amazing. Big shout out to Adrian Elbert, he is a very good man in our community and I have seen the changes being in a positive environment like his gym has had on myself, my brother, my girlfriend and friends. I can't wait to get back.



Jack Keeshan

Anyway this was meant to be about music and even though in recent years there has been no venues putting on original acts within the town I think it is important to highlight just how many brilliant musicians and artists our community has, like seriously I am not exaggerating when I state that our town has countless songwriters, poets, artists and bands who are all creating amazing art. There are far too many to name but I posted a picture to my face book where I have a list of Tipperary acts to check out during the lockdowns.

Right now I am working on my very

first album with some amazing local people. I had been with a record label prior to this but things didn't work out but sometimes things happen for a reason. A lot of young acts can focus so much on the record deal. I may be back to square one with the album but I am really thankful for the people I have around me at the minute. My younger brother Ciaran is on Bass Guitar and it has been absolutely amazing seeing how quickly he has progressed as a musician in such little time, he blows my mind with how quickly he can pick things up and learn. He is always brutally honest with me and if he thinks something doesn't sound good he will say it.

James McKelvey is one of my best friends and he is recording the backing guitar and vocals for these songs which has been working great. James is a great guy and prior to the pandemic you would hear him busking in town a lot. I hope he releases some of his own music soon because it's great. Lauren Beth is on keyboards and backing vocals and also has some absolutely amazing songs of her own recorded, check her out on Spotify and YouTube. She is great and the topics she writes about are very important. My favourite song of hers is "11 years" which is about issues relating to the environment.

Paul Dwyer is the man who brings it all together and is a great friend to me. I was very nervous recording again and he just has a way of relaxing you. I don't know if he even notices but he has a way of getting the best out of you with the chilled out environment at the studio. I recorded my latest single "Jenny" with Paul and I had James on backing vocals and the whole day was brilliant. I hope with the album I am recording that I can capture a sense of community with these tracks. Hopefully, I get recording again soon, these lockdowns are really taking their toll on everyone, but I am super

grateful that through music I still have a sense of community and I hope it comes out on this album.

Lastly, I just want to say thanks to Mike Edwards, Paul Dwyer, Colin Williams, Tom Stapleton, and Roscrea Youth Cafe. When my friends and I were younger we would busk and put on gigs amongst ourselves in town that for a while took off in the youth cafe. It gave a lot of our bands a place to start out and created a mini little music scene in town with other acts coming from the midlands to play in town. The Roscrea Men's Shed also gave me a space to turn into a practice

space over their building which was so thoughtful of them. There really are such good-hearted people in our town.

I would love to see Roscrea support original artists again; we have the leap castle and that is an absolutely fantastic venue to play but I feel somewhere in the town would work the best to attract footfall. There is a little while to go before then I suppose.

Anyway thanks for reading and mind yourself pal.

Jack Keeshan.

ROSCREA TIDY TOWNS

THE MONEEN GARDEN

This garden was one of the early projects undertaken by Roscrea Tidy Towns. It was established in 1988 with help from FÁS. The name Moneen comes from the Irish word Móinín – meaning "The Little Turf Stream". The Moneen river flows through the town and indeed has several other names too – The Moneen as it enters the town, The Mall as it flows through it and The Bunnow (Bun Abha - lower river) as it leaves the town on its way to the join the Brosna River.

It was decided to upgrade it as part of our 2019 Tidy Towns National Competition. The work on its upscaling had just begun but was not completed in time for the adjudication of 2019. It was completed in June of 2019. It is now part of our 2021 submission.

Years of overgrown shrubbery and grass were removed. The old kerbing and the gravel path were also removed. A new kerbing was installed and then the hard work of planting took place. New soil, weed block and mulch were added to create a suitable planting area. The large rocks that were part of the original garden were retained in the new one. The old fountain was also retained and

plumbed with a stone sump area added. The old gravel and kerbs were not level with the footpath so the elderly found it difficult to walk on. The new paving is at the same level as the footpath.

There's a plaque donated by Oliver Douglas and Sons containing a quote from Stephen Hawking reminding visitors to "Remember to look up at the stars and not down at your feet". A good philosophy to have.

Now, just two years on, it is a completely fresh asset to the town. The addition of seating, paving and a bicycle display/parking opens up the garden to a whole new generation of the public. It offers a little sanctuary right in the middle of the bustling town – a great place to rest before tackling the Convent Hill!

A new plaque commemorating the refurbishment was also erected – leaving the old one still there. The following images will give you some idea as to the changes made. The first two images are views of the garden Before & After – the first taken in May 2019 and the second in June 2021. The other two images are just close-ups of the two beds newly refurbished.



Before - The bed as it was in May 2019



After -The bed in June 2021



"A Little Haven at the very start of the town with pollinator-friendly planting"

Roscrea Age Friendly News

The last few months have been a challenging but busy time for Age Friendly Roscrea. Many of our services and activities have been drastically curtailed due to Covid and we all missed the face-to-face contact and social gatherings. We are delighted to announce that earlier in the year Age Friendly Roscrea was awarded an Aontas Stars Award for promoting adult learning initiatives that support health and well-being. Thankfully, as the vaccines roll out and life becomes more normal, our organisation can start to resume business! Our Dinner Delivery Service, which started during Covid, continues to run successfully and "dinners & desserts" are delivered Monday, Wednesday and Friday to our participants. Funding for Acorn Digital Devices has continued, and members that have received them are making great progress with their user friendly device. Our Rosie Greys had a very successful St Patrick's Day online Rambling House and are now managing

to conduct their weekly sing along sessions through zoom – many using their newly acquired Acorn ipads to participate. We are hoping to create an outdoor space at the back of our Courthouse building to allow our Thursday Club resume its activities as soon as possible, and our Bookclub hopes to kick off again in July. Classes in Arts and Crafts, Storytelling/scribbling and Genealogy are planned to resume in the near future. Our first social outing since Covid took place on June 23rd when members visited the McDonagh Centre, Eco Village and Knockanree Woods in Cloughjordan. Our Befriending phone call service continues and our Senior Alert Scheme is still available. There are many plans in the pipeline – including the release later in the year of Roscrea Digest (volume 2). The future is looking bright! We will keep you posted on all our upcoming events on our Age Friendly facebook page.

AGM – February 2020



Roscrea Digest

A Corona Legacy

September 2020



€5

AONTAS
STAR Awards 2021

STAR Award Winning Initiative

#STARawards2021

Dinner is Served

Dinner Delivery Service

Age Friendly
ROSCREA



Who is Autism Awareness Roscrea?



We are a committee of dedicated and like-minded volunteers formed in May 2018. Our focus is on increasing awareness of the daily challenges facing individuals on the Autism Spectrum and their families in all areas of our community.

'Our core objective is to create positive change for all'

COMMITTEE MEMBERS

- | | |
|---|---|
| 1. Marguerite Ryan: Chairperson and Founder | 7. Marissa Hayes: Hub Coordinator |
| 2. Aine Mc Gee: Treasurer | 8. Nicola Carroll: Parent Representative |
| 3. Tracey Maher Fernandes: Secretary | 9. Mairead Fitzgerald: SLT & Community Representative |
| 4. Michael Smith CC: Public Representative | 10. Kathy Mc Loughlin: Family Carers Ireland |
| 5. Damien Carroll: Fundraising Officer | 11. Richelle O 'Riordan: Parent Representative |
| 6. Pam Troy: Parent Representative | |

Covid 19 Support

- Distribution of sensory friendly facemasks and care packs to local families.
- Established Parent Support Network and Workshops
- Worked with Roscrea Gardai in implementing Carer/Parent Car Signage.
- Organised and distributed videos and demonstrations in baking, play activities, story-telling, parent support and behavioural strategies.
- Support Teachers and SNA's with Summer Based Programs by making Community Hub available for recreational activities including suitable equipment and supports.
- Partnered with As I Am, local gardai and community services on projects
- Listening service for parents established with a qualified counsellor
- Covid compliant 'Halloween Treats' 'Elf Delivery' 'Cookie Challenge' 'Easter Delivery' for children
- April 2021: Acts of Kindness, Light it up Blue, Picture if Blue, Autism and our Community



**1st Floor Finara
House, Rosemary
Square, Roscrea,
Co Tipperary.
Ph: 089 2358524
087 3426719**

email: autismawarenessroscrea@gmail.com



Roscrea Historical Route - Seen through the eyes of a 'Tourist'



Fountain, Rosemary Square, Roscrea – A finely executed public fountain, dating from about 1860, resited in 1925, incorporating two original gas lamp standards.

Just last week, I had the opportunity to walk through part of the town and got to stop and look at the fountain in Rosemary Square. When you stop to look at it, it really is a beautiful feature (for me it is usually just one of many Roscrea landmarks). There is a little sign beside it, that tells a little about it being moved from its original location to where it is now, and there appears to be a little historical route mapped out. Just a thought, for the Summer maybe have a walk along this historical route, and visit some of the Roscrea landmarks, encouraging us to engage with the town and sites as a tourist would. We would love to see your photos and stories.

Lorraine Greed

Semi Colon Roscrea

Many of you have seen the posters/quotes around town, we hope that they inspire you to keep positive in these strange times we are experiencing. It is hard on everyone at the minute but especially those who are vulnerable, isolated and already suffer from mental health problems.

If anyone sees any quote that they love, please, feel free to take it home with you.

And remember to always be kind because you never know what silent battles people are going through.

#itsoktonotbeok

#onedayatatime

#YouAreLoved

Our group is about promoting positive mental health and making mental health free of stigma.

We all go through rough times and its ok to let it get you down if you talk about it.

Talking really does help there is plenty of support out there all you have to do is ask.

Keep well, be safe, and remember to be kind.

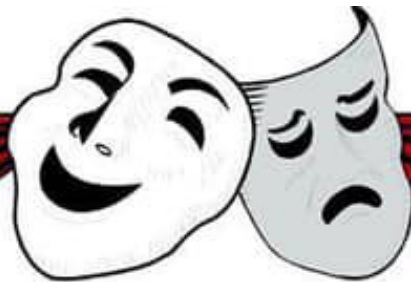
Committee: Norrie Hogan Rickard, Maria Feehan, Dominic O'Meara, Enya Feehan, Jojo Mooney, Derbhal Reid, Brittany Feehan.

From All here in the Semicolon Project Roscrea.



Positive thinking posters which can be seen around town.

semicolonroscrea2017@gmail.com



Roscrea Musical Society

Roscrea Musical Society has become somewhat of an institution for the people of Roscrea and surrounding areas. Every year since 1940, we have packed the Abbey Hall with audiences viewing both local and guest performers singing, dancing and acting.

In April 2020, we should have been staging our milestone 80th Production 'Fiddler on the Roof' but as with the majority of events in the past sixteen months, we were left with no option but to postpone. This came as a massive disappointment to both members and audiences alike.

Now that life seems to be returning to some form of normality, the committee are busy behind the scenes with the hope of getting our 80th Show to the Abbey Hall stage in 2022.

The Society has become a terrific social outlet for people of all ages. Great friendships have been formed and those who have 'caught the bug' (excuse the pun) return year after year.

So, if you feel like getting involved with Roscrea Musical Society on or off the stage, we always welcome new faces. Keep an eye on our social media (Facebook and Instagram) for updates.



COMHALTAS

Comhaltas Ceoltoiri Éireann (known as Comhaltas) was founded over 70 years ago in Mullingar in 1951. This was a very special occasion when members of the Piper's Club in Dublin travelled to Mullingar to meet like-minded people who were concerned that traditional music was in decline. This was an aural tradition, handed down from one generation to the next. Over the years, regional styles had developed. In the Sliabh Luachra area of Munster, slides and polkas were commonly played, whereas in Donegal and Sligo, there was more emphasis on reels.

At that time, society had come through the effects of 2 world wars, the war of independence and the civil war. Emigration had been rife and many young people emigrated to England or America in search of employment and the prospect of a better lifestyle. Communities were divided following the effect of the civil war. So the spirit and confidence of the people was at a low ebb. The conclusion of the Mullingar meeting was that it would help stem the decline of or Irish culture if an annual gathering of musicians was organised and so the concept of the Fleadh Cheoil was born. Cumann Ceoltoiri Éireann was born arising from the Mullingar gathering and shortly thereafter the name changed to Comhaltas Ceoltoiri Éireann. (Comhaltas means a group of people).

Aims of Comhaltas

Comhaltas set itself a number of aims

Promote playing of the uilleann pipes

Promote playing of the harp

Promote the use of 'An Ghaeilge'

Over time, the aims were further expanded to promote traditional singing, dancing and more recently storytelling.

Development

The gathering in Mullingar in 1951 could never have imagined how successful the organisation would become. There are now over 400 branches in 18 countries worldwide.

It is a voluntary organisation promoting many aspects of Irish culture. In recent years, technological advances have helped bring traditional music and culture to a worldwide audience. It means a lot to people at home and abroad to maintain 'links' with the home of their ancestors. Above all else, it provides a sense of identity, a sense of who we are.

Branches were organised throughout the country in Ireland.

Roscrea Branch

The decision to establish a branch in Roscrea was taken at a meeting in the Central Hotel in 1961 and the branch was founded shortly afterwards in 1962. The branch has continued an unbroken history to the present day. Anybody is welcome to join and partake in any of the activities. It is not a requirement that a member has to be a musician, singer, dancer or storyteller etc. If you enjoy any or all of these things, you will enjoy being a member of Roscrea Comhaltas. The branch supports the informal use of the Irish language.

Activities.

The branch supports people wishing to compete in competitions, of which there are many (including solo, duet, trio, group/band, solo singing, whistling, lilted, set/ceili dancing and storytelling), and over the years many Fleadh Cheoil na hÉireann accolades have come to Roscrea in music, singing, dancing..

In addition, the branch participated in group activity such as Grúpa Ceoil (ensemble) and Ceili Band competitions as well as variety shows Scoraíocht and Pléaracha, focussed on an Irish setting and built around traditional music, song and dance. Recently, the branch took part in a competition for marching bands and this added to the skill set of the participants. The branch hosted a number of County and Provincial (Munster) Fleadhanna Ceoil and these events were hugely supported by the people and businesses of Roscrea.

Membership of Comhaltas provides a sense of identity, confidence and a sense of fun where everybody benefits. It is a place where young and old can come together to make our tradition a 'living tradition'

In summary all are welcome at Roscrea Comhaltas.



ABOVE: The first officers Names from left to right in that photo are as follows: Mr. Éamonn Stafford (Cathaoirleach), Mr. Pat Shanahan (Secretary and An tUas), Séan Ó Ciabhaigh (Cisteoir).



LEFT: 'An Spailpín Fánach' Scoraíocht group 1967. That year Roscrea were brilliant winners in the Munster Final of the National Scoraíocht Competition organised by Comhaltas Ceoltóirí Éireann in the Abbey Hall. The names of the group that achieved this first time success are as follows;

*Front - (L/R) Pat Shanahan and Muiris Ó Cinnéide
 Second Row (L/R) - John Troy, Susan Cashin, Rita Bushe, Liam O' Meara, Connie Comerford, Joan Deveraux. Eileen Shanahan, John Egan and Mai Ryan.
 Third Row - Bennie Colfer, Tom Greene, Jack Dyer, Vincent Loughnane, Billy Cummins, Davy Collins and Michael Sheedy.
 Back Row - Joe Barry, Séan Ó Ciabhaigh and Pat O' Meara*



ROSCREA YOUTH SERVICE



ROSCREA YOUTH SERVICE

RYS enjoyed supporting Africa Day in May by designing their window to show support. Marie Ryan our resident creative person did this for us.

We have recently finished an online 6-week dance course which was enjoyed by these involved run by Dance it Out Ireland.

We have also just finished our 10 week Ukulele course for beginners which was at full capacity throughout. This was run by the very talented Tom who is part of Music Generation Tipperary.

Coming up:

We will be hosting the Next Steps Program which aims to teach those who complete it tips and hints on



how to transfer to secondary school easier as

well as helping the children to look at the year ahead clearly.

Our Transfer Day will be held at Colaiste Phobal on 24th August, this is where the 6th year students enrolling in September will have a day to experience the school, meet each other and have some fun and games. This is a collaboration between RYS, SICAP, and the SCP

We will also be hosting our summer activities program over three weeks this summer. We will be adhering to guidelines, hosting a maximum of 15 children and have 2 groups per day, the U12's and the 12's +. Please keep an eye on the website www.ntdc.ie/events and our FB page @roscreayouthservice for the sign up sheets which are coming soon.


Thank you, Rob Foley, Lead Youth Worker, Roscrea Youth Service

087 620 0633, rfoley@ntdc.ie

ROSCREA YOUTH SERVICE



NEXT STEPS WORKSHOP
MAKING A SUCCESSFUL MOVE FROM PRIMARY TO SECONDARY SCHOOL

Monday August 16th - Friday 20th Times 12-1pm or 2-3pm (dates and times will be sent closer to start date)
Venue - Roscrea Youth Service Rosemary Street
Places limited so one session per person to adhere to physical distancing



Join Roscrea Youth Service in working on;
Tips for starting Secondary School,
Self Care Tips,
Looking forward to the year ahead,
See what afterschool groups RYS can plan for September

Contact Conor 087 744 4103 cbrinton@ntdc.ie to register or for more information

THE HEART OF OUR
TOWN
small towns with big hearts

**We're participating
in Treat Tuesday!**

Spend €5 any Tuesday,
Email a picture of your receipt to
treattuesday@tipperarycoco.ie
to be in with a chance to win
6 weekly €50 euro vouchers to spend locally.

Thurles Templemore Roscrea

TREAT TUESDAY

in association with   

Support local by shopping local, it's good to be back in business.
An initiative brought to you by Thurles Municipal District supporting local businesses.



The Heart Of Our Town - Treat Tuesday

Thurles, Templemore and Roscrea are back to business and it's a good time to celebrate.

Treat Tuesday is an initiative by Thurles Municipal District to give back to the consumers.

Spend over €5.00 any Tuesday in local retailers in Thurles, Templemore or Roscrea. Email a picture of your receipt to treattuesday@tipperarycoco.ie to be in with a chance to win one of 6 weekly €50 vouchers to spend locally.

Promotion starts 25th May 2021 and will run for 10 weeks.

Email a picture of your Tuesday receipt ahead of the weekly draw which will take place each Friday.

Community Participation and Social Inclusion

Despite the lockdown and restrictions due to the Covid-19 Pandemic community participation is ongoing, from Tidy Towns to online community education opportunities. Recently the Garda facilitated a Zoom online meeting to re-establish and grow the Text Alert system and groups within Tipperary, this was a very worthwhile and informative meeting, the time has now come to develop a new committee for the text alert system for the area of Roscrea, we still have the Facebook page but not everyone can check the page on a regular basis and some are not on Facebook, there is a need for a fully inclusive text alert system in the area and there is a lot of help available, for more information and or to be a part of the development of this service please contact Roscrea Garda Station 0505024230 or Roscrea Community Hub roscreacommunityhub@gmail.com.

Social Inclusion is an important aspect of all community empowerment activities, there are forums

and groups which play a strong and vital role in this, Public Participation Networks, Education Training Boards, along with huge variety of voluntary and charity groups, Roscrea has many and they are always happy to see new faces, even now there are opportunities for all and a place for all to feel welcome and valued.

Roscrea Action Partnership, (C.A.P.) is alive and well, this group meet quarterly and includes representatives from various agencies and community groups, if your group would like to have a representative on C.A.P. please contact Roscrea Community Hub.

This Newsletter is one such inclusive social activity, we are looking for people to join a committee to oversee the running and publication of the newsletter, articles and opinions are always welcome, editor.roscrea.news@gmail.com

Mike Edwards

Roscrea Community Action Partnership

The Roscrea Community Action Partnership (Roscrea CAP) is a networking group with organisations such as Tipperary County Council, North Tipperary Development Company, Tipperary ETB, HSE, An Garda Síochána, Roscrea Chamber of Commerce, Tusla, Age Friendly Roscrea, Mid West Regional Drugs and Alcohol Forum and the community in Roscrea amongst others represented. The first meeting was held in April 2016 after the group was set up as an action under the Roscrea Community Action Plan 2015-2019, with the group overseeing implementation of the plan. Achievements over the years since have been developing a Youth

Counselling Service; funding towards 'A Taste of Roscrea' and the 'Roscrea Halloween Festival'; supporting the 'Roscrea Work it Out' Programme and currently helping to progress family support services and the provision of CCTV in the town.

The Partnership would particularly be interested in further participation from community groups so if you are in a residents association in Roscrea that is not represented we would be interested in hearing from you. You can contact Dan Downey, Tipperary County Council at 0761 06 5000 or email dan.downey@tipperarycoco.ie

Dan Downey TCC

Drug Services available to individuals & family members in Roscrea and surrounding area

There are a number of drug & alcohol services available for individuals & family members who may need help with a drug or alcohol issue. Asking for help and seeking support is the wise thing to do, even though it can be hard to make that first contact. The drug & alcohol services have years of experience of working with people with drug / alcohol issues, and sometimes it helps to know that maybe your situation isn't as unique as you thought, or that maybe you aren't as isolated as you feel.

- Community Substance Misuse Team – supporting young people & families with substance misuse issues Billy O'Doherty bodoherty@csmt.ie 086 8106297
- Novas Community Detox Service (for people with a problem with tablets) Julie McKenna Julie.mckenna@novas.ie mb 083 179 1499 office 061 370325
- HSE Midwest Addiction Services providing education, outreach & counselling support, harm reduction, needle exchange Deirdre O'Donoghue (Outreach Worker) 086 3840526 office 067 46512
- Ana Liffey Drug Service Midwest (low threshold harm reduction service) Pat Galligan mb 085 143 6981
- Novas Northstar Family Respite Service – for families of people with addiction 083 3983806
- Coolmine Drug Service Community based drug and alcohol service to support people to enhance their overall quality of life. Contact 086 0746293 tara.hubbard@coolminetc.ie

*If you don't know exactly which service you need - don't worry
– the services work together and they'll help you get to the right place for you*

What is the PPN?

The Tipperary PPN (Public Participation Network) is a collective of all the community, voluntary, social inclusion, and environmental groups in Tipperary. It was established in 2014, following the Local Government and reform act 2014.

The PPN provides an opportunity for the community voice to be represented on Tipperary County Council Committees and various other boards and committees throughout the County structure. The PPN also runs training courses for member groups and shares information about funding, grants, consultations, and other relevant activities.

There are currently just over 1700 member organisations in the network. These groups range from sports groups, youth groups, active retirement groups, festival committees, tidy towns committees or larger organisations such as Family Resource Centres and many more.

There are many benefits including . . .

- Networking and promotional opportunities at events and meetings,
- Free PR and advertising for your projects & events via our monthly newsletter,
- Free training opportunities for you and your organisation,
- The opportunity to influence and change local government policy and stay informed of local government plans and decisions or your area through consultations, PPN linkage groups, PPN Thematic groups and your PPN Representatives
- The opportunity to attend information sessions and conference on topics of interest
- Receive regular mailing and updates from PPN members including representative reports
- The opportunity to work with the PPN's Representatives who are responsible for pursuing issues through local committees, boards and steering groups or become one yourself!

In 2020 Tipperary PPN completed our community's wellbeing vision for the county. Creating a vision for Tipperary (All county and each Municipal district) to be the best place it can be.

To read this vision please visit <https://www.ppntipperary.ie/our-vision-for-community-wellbeing-in-co-tipperary/>
 coordinator@ppntipperary.ie | www.ppntipperary.ie | @PPNTipperary | PPNTipperary

Learning is an everyday affair

The Adult Learning Service works out of a number of locations in Roscrea and online. We provide courses in practical life skills like using your smartphone, doing tasks online like motor taxation, being confident in making a presentation or reading in public, filling in forms, etc.

TIPPERARY EDUCATION AND TRAINING BOARD

FREE

Adult Learning Service

etb
Éireann Teicneolaíochta
 Éireann Teicneolaíochta
 Tipperary Education and
 Training Board

Learning Together - Your Success Our Goal #TETB

Sign up now for a course in 2021

Digital Literacy

- 'Get Connected' and more:
 - Smartphone
 - DoneDeal
 - WhatsApp
- Basic Computers
- Learn to learn online
- Graphic Design
- Spreadsheets
- Word Processing
- Social Media

General Learning

- Reading and writing
- Maths for everyday living
- Themed courses:
 - Sustainability/Horticulture
 - Creative Writing
 - Public Speaking
 - Family Learning
 - Driver Theory
 - Well-Being, etc.

To register, call:
Nicola on 067 31845

Location:
Roscrea Town

been quite successful also, as most of us know the feeling of fear when we have to make a speech at a wedding, a presentation at work, or a reading at an event. Another popular option is family learning which supports parents to help their own children's literacy, language and numeracy development. Basic digital and computer skills is something that we now need more than ever to keep track of our changing world.

Where do I find out more?

For more information, contact: 067-31845

The team includes Ester, Mary Jo, Nicola, Brian and our trained and dedicated tutors.

Further education and training courses are co-funded by the Government of Ireland, the European Social Fund (ESF) and the Youth Employment initiative as part of the ESF Programme for Employability, Inclusion and Learning (PEIL) 2014-2020.

English for Speakers of Other Languages (ESOL):

Tipperary ETB provides Free English language classes for learners whose first language isn't English. These are both accredited and unaccredited. To organise an assessment and to see class best suits you please call David Golden on 085 8750419.

What are students are saying "And I want to extend my thanks to the class and the teacher. We all love and respect him and respects his efforts to give us the best education"

Our aim is always to make learning fun and informal in the first place and then to see if certification is a preferred outcome. We always start with the needs and interests of the learners and build our courses around that. It helps us to keep courses relevant to needs, like helping learners to learn or to shop or to do business online. We regularly use experiential learning and fieldtrips to place learning in real-life scenarios. All courses are free to any adult who wants to participate. 'One to one' confidential sessions are also available for learners that are cautious of starting off in a group. Group size usually is about seven.

Starting with us can lead to e.g. our Motor Mechanics course, which helps learners understand how a four-stroke engine works. Some learners on this course have gone on to do apprenticeships. Public Speaking for the Terrified has

Skills For Work: Employers would you like to upskill your staff in Basic IT, Excel, Word Processing, English language or Public Speaking

Call Lavinia on 087 2904160 to discuss your needs and possible solutions. Classes are free to people in employment and can be arranged at a time to suit you.

eth
Tipperary Education and Training Board

From absolute beginner to intermediate level

FREE

Please Contact
David
085 8750419
@dgolden@tipperaryetb.ie

Example Sentences
What is your opinion on pet shops?
Do you think it's...

Learn English

• Learn the English you need
• Reading, writing, speaking, listening
• Fully Accredited English courses

TIPPERARY EDUCATION AND TRAINING BOARD

Cahir Tipperary
Clonmel Thurles
Cashel Roscrea
Carrick Nenagh

Learning Together - Your Success, Our Goal #TETB

EUROPEAN UNION
European Social Fund

SOLAS
learning works



North Tipperary Development Company – SICAP Programme

The Social Inclusion and Community Activation Programme (SICAP) 2018 – 2022 engages with the communities and individuals of North Tipperary working together to address issues of social exclusion, equality, employment, mental health and wellbeing.

SICAP is working in partnership with specific interest community groups and residents' associations in Roscrea offering support in many different ways eg. accessing various community funding grants, capacity and sustainability building workshops, hosting community events, undertaking community research and working collaboratively with the people of Roscrea building stronger community connections.

We also work closely with individuals, offering a 1-1 service to consider options and possibilities which may improve the quality of their lives, through the provision of lifelong learning and personal development courses, career planning, labour market and enterprise supports.

All of the services we provide are free and available on line and some in person, the courses we offer aim to develop confidence, increase self-esteem, motivation, mental health, wellbeing, reduce social isolation and exclusion and enhance people's skills. Such workshops include English Language support, ceramics, weaving, Steps to Wellbeing, Empowering Womens Group, Positive Psychology, Yoga, Self Care etc. One-to-one career guidance support is offered to individuals entering into the labour market and training in areas such as safe pass, food safety, patient moving & handling, customer service and other craft skills training, enterprise support for start up business in the area is offered in collaboration with, and takes referrals from, local statutory services such as DEASP, Turas Nua and LEO. Supports include one-to-one mentoring and group training. The business mentoring service helps clients tease out the feasibility of their business idea, to compile financial projections and to develop a business plan. Enterprise Support also considers business sustainability issues around displacement and market saturation.

For more information please contact
Margo O Donnell-Roche 087 7180382 modonnelloche@ntdc.ie

LOCAL CONTACT NUMBERS

Emergency Services	999
An Garda Siochana	0505 24230
Garda Confidential	1800 666111
HSE Helpline	1850 241850
Tipp County Council Helpline	076 106 5000
St Vincent de Paul	087 4441835
Lions Club	086 8578606
Roscrea Hurling Club	087 2755019
Age Friendly Roscrea	0505 22550
Roscrea Youth Service	0505 24462
Roscrea Youth Counselling Service	0505 24462
Priest on Duty	086 8246656
An Post	0505 20507
DEASP	0505 22840
Roscrea Health Centre	0505 21498
ShannonDoc	1850 212999
Credit Union	0505 23601
AIB Roscrea	0505 21855
Roscrea Food Cloud	087 7180382
Roscrea Red Cross	087 1931104
Roscrea/Birr Order of Malta	087 9957394
Living Links	087-9693021
Tipperary Volunteer Centre	086-0481743
CARMHA	087-7722671
Shine	1890 621631
Aware	1890 303302
Childline	1800 666666
Samaritians (freephone)	116123
Mid West Regional Drug & Alcohol Service ...	061 318633
ESB	1850 372999
Eircom	1890 260260
Roscrea Recycling Centre	076 1066243
Ascend Domestic Abuse Service	0505-23999

Tipperary County Council Cathaoirleach launches Summer Stars 2021

Cllr Michael Smith, Cathaoirleach of Tipperary County Council, recently launched Summer Stars 2021 at the Library Service. Running from June to August, Summer Stars is a national, free, reading programme for all children. Pick up your Summer Stars bag, with reading card and pencil to get started with, choose from our vast

selection of new books, and go on a summer adventure of reading and writing this year.

Cllr Michael Smith says, "The summer months provide an ideal opportunity for children to take time to find books they really enjoy and experience reading as an activity which is fun and entertaining."

Libraries are open and we want to extend a big welcome to children to visit us. There is lots to discover at your local library this summer. Summer Stars is an annual initiative under the Right to Read programme. Visit www.tipperarylibraries.ie for more.



L-R: Cllr Michael Smith, Elowen and Annabel Hayes, Áine Beausang and Ann Marie Brophy, Library Service. Photo: PJ Wright



An Roinn Leanaí agus Gnóthaí Óige
Department of Children and Youth Affairs



EUROPEAN UNION
Investing in your future
European Social Fund



ciste na gcuntas diomhaoin
the dormant accounts fund



An Ghníomhaireacht um Leanaí agus an Teaghlach
Child and Family Agency



Comhairle Contae Thiobraid Árann
Tipperary County Council



Rialtas na hÉireann
Government of Ireland



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